

UPSTANDING

CITIZENS

# CATERING MENU

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## PASTRY & SWEETS

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MUFFINS	\$4.5
BANANA BREAD	\$5.0
CROISSANT – Almond	\$6.5
PAIN AU CHOCOLATE	\$6.5
DANISH PASTRY WITH FRUIT	\$6.5
ESCARGOT	\$6.5
ORANGE AND ALMOND DOME	\$6.5
ROSE BUTTERCAKE	\$6.5
FRUIT OF THE FOREST FRIAND – GF	\$6.5
DEVILS CHOCOLATE CAKE	\$6.5
APPLE AND PECAN CRUMBLE CAKE	\$6.5
BOMBOLINI	\$5.5
Vanilla Custard Crumble/Chocolate Custard/Salted Caramel Custard/Raspberry Jam	

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## BREAKFAST

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CROISSANT	\$5.0
CROISSANT – Ham & Cheese	\$6.5
BREAKFAST BLAT	\$6.5
Crispy maple glazed bacon, lettuce, avocado & tomato in a mini brioche bun	

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### **BREAKFAST CUPS - 310ml tamper proof sealed cup** **\$6.5**

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GRANOLA	
Cinnamon, fruit and nut toasted granola with honey yoghurt and choice of passionfruit OR berry compote	
BIRCHER	
Bircher muesli with apple, coconut, cranberry, raisins, pepita seeds, almonds and peanuts with choice of berry compote OR apple rhubarb puree	
BIRCHER & YOGHURT	
Bircher muesli with apple, coconut, cranberry, raisins, pepita seeds, almonds and peanuts served with honey yoghurt and choice of berry compote OR apple rhubarb puree	
BERRY CHIA PUDDING	
With mango puree, sliced strawberries and coconut yoghurt	
MANGO CHIA PUDDING	
With passionfruit and coconut yoghurt	

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## LUNCH

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### **LUNCH MINI'S** **\$6.5**

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CAPRESE BAGEL	
With prosciutto, oven roasted tomato, Kalamata olives & basil	
CHICKEN TACO	
Mexican spiced chicken, seasoned with lime, hot mint & coriander in a soft tortilla (gluten free, dairy free)	
BAO BUN	
Lightly spiced Asian chicken salad with black sesame seeds	
FRITTATA	
Roasted vegetables with fresh herbs, tomato relish & double smoked ham OR baby spinach & cherry tomatoes with capsicum jam (gluten free)	
SLIDERS	
Mini brioche sliders with a variety of fillings including prawn, fillet of beef, pork & falafel	
LEEK & CHEESE TART	
Caramelised leek and goats cheese in a crunchy pastry tart	

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**CHEFS SELECTION****\$7 per item**

A mixed combination of 2 item per person of our most popular TORTILLA WRAPS, TURKISH ROLLS & BAGUETTE MINI'S are available.  
(We always include 20% vegetarian on mixed platters to cater for every guest.)

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**TORTILLA WRAPS MINI'S****\$7****HAM AVOCADO**

Smoked ham, tomato, avocado, Swiss cheese and seeded mustard aioli

**GINGER TUNA**

Ginger infused tuna with spring onion, coriander and sliced cucumber

**SCHNITZEL**

Crumbed chicken schnitzel with tomato, basil, bocconcini and leaves

**FALAFEL**

Falafel with hummus, tabbouleh and leaves

**PUMPKIN CURRY**

Coconut, sweet potato, chick pea and pumpkin mild yellow curry with leaves

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**TURKISH ROLLS MINI'S****\$7****CAJUN CHICKEN**

Spiced crumbed chicken breast, red onion, Swiss cheese, sweet chilli mayo and leaves

**CRUMBED EGGPLANT**

Crumbed eggplant, tomato, bocconcini, pesto and rocket

**ZAATAR PUMPKIN**

Zaatar spiced roasted pumpkin with hummus, eggplant and tabbouleh

**CHIPOTLE BEEF**

Chilli infused pulled beef with caramelised onion, tomato, tasty cheese, leaves and a chipotle maple syrup aioli

**MEDITERRANEAN CHICKEN**

Chicken with roasted capsicum, kalamata olives, sundried tomato, parmesan and rocket

**SALAMI BRIE**

Soppressa salami with brie, fresh tomato, pesto aioli and rocket

**SCHNITZEL SLAW**

Crumbed chicken breast schnitzel with Asian slaw, mixed leaves and garlic aioli

**TUNA CHEESE**

Seasoned mayonnaise tuna with Kalamata olives, sun dried tomato, parsley, spring onion and tasty cheese

**CHILLI BEEF AND SLAW**

Hand pulled chilli beef with Asian slaw, mixed leaves and mayonnaise

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**BAGUETTES MINI'S****\$7****CHICKEN CASHEW**

Shredded chicken and mayonnaise with sliced avocado, crushed cashews and leaves

**GINGER TUNA**

Ginger infused tuna with spring onion, coriander, cucumber, mayonnaise and leaves

**HAM AVOCADO**

Smoked ham, tomato, avocado, tasty cheese, mixed leaves and aioli

**BASIL PARMESAN**

Shredded chicken, pesto, basil, parmesan, toasted almonds, rocket and mayonnaise

**SPANISH TUNA**

Mayonnaise tuna with sun dried tomato, kalamata olive, parsley and mixed leaves

**CHICKEN CAESAR**

Shredded chicken with a Caesar dressing, parmesan, parsley, egg and crisp streaky bacon strips with cos leaves

**PROSCUITTO PARMA**

Sliced prosciutto, tomato, brie, mixed leaves and pesto mayo

**TOMATO BRIE**

Tomato, pesto, fresh basil, brie and rocket

### TURKEY CRANBERRY

Sliced turkey, avocado, brie, mixed leaves and cranberry sauce

### CHICKEN WALDORF

Shredded chicken with a yoghurt mayonnaise dressing, celery, red apple and walnut

### GRIBICHE EGG SALAD

Egg, gherkin, cucumber, parmesan, lemon zest, fresh herbs, seeded mustard, garlic aioli and cos leaves

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## GLUTEN FREE MIN'S

\$7.5

### CHICKEN CASHEW

shredded chicken, mayonnaise, avocado, crushed cashews and mixed leaves

### TUNA CHEESE

Seasoned mayonnaise tuna with Kalamata olives, sun dried tomato, parsley, spring onion and tasty cheese

### CHIPOTLE BLT

Crisp streaky bacon, with tomato, cos leaves and chipotle maple syrup aioli

### SALAMI AND BRIE

Hot salami, tomato, brie, pesto aioli and rocket

### ZAATAR PUMPKIN

Zaatar spiced roasted pumpkin with hummus, eggplant and tabbouleh

### TEXAS PORK

Slow cooked pulled pork with American mustard, BBQ sauce, pickles and tasty cheese

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## SALADS

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### SIDE SERVES - \$8 per serve (minimum 6 serves per salad)

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### ANCIENT GRAIN

Barley, lentils, quinoa & freekeh mixed with feta, raisins & mint with a rich kasundi dressing (vegetarian)

### PUMPKIN

Roasted pumpkin, Kalamata olives, semi-dried tomato, Spanish onion & pepita seeds on a bed of baby spinach with a maple vinaigrette (vegetarian, gluten free & dairy free)

### CHICKEN LARB

Thai spiced chicken mixed with snake beans, bean shoots, roasted peanuts & fresh lime & herbs (dairy free)

### ROAST CAULIFLOWER

Quinoa & freekeh, tossed with roasted cauliflower, fresh herbs, walnuts, flaked almonds & crumbled feta (vegetarian)

### MORROCAN SPICED CHICKPEA

Ras el hanout spiced chickpeas & eggplant, tossed with tomato, brown rice, Spanish onion, coriander, mint & fresh pomegranate with mint yoghurt (vegetarian)

### BBQ PORK WITH ASIAN VEGETABLES

BBQ pork marinated in spiced char sui sauce & Chinese herbs then shredded & combined with julienne carrot, cucumber, paw paw, roasted peanuts & special nam prik dressing (dairy free)

### THAI BEEF

A traditional Thai salad of beef & Asian vegetables with herbs, a spicy nam prik dressing and roasted peanuts (dairy free)

### CAESAR

Classic Caesar salad with cos lettuce, parmesan cheese and croutons

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We offer a wide range of hot, cold, sparkling and juice options to cater for your meeting or function

Please note:

We recommended 2 lunch items per person.

All orders must be received before 2pm for next day pickup.

For further information or to place an order, please feel free to contact the cafe manager or email [andrewwings@upstandingevents.com](mailto:andrewwings@upstandingevents.com)